



**BATH JUDOKWAI**  
Member of the British Judo Association  
Membership Number: 1085



## **CLUB RULES OF BATH JUDOKWAI**

Bath Judokwai is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with any of the Club's Coaches, who will have a duty to report these concerns to the Executive Committee.

As a member of Bath Judokwai you are expected to abide by the following club rules:

- All members must conduct their actions on and off the mat in a manner that is not detrimental to themselves, the club or the sport of judo.
- All members must play within the IJF rules and respect coaches and officials and their decisions
- All members must hold a current and valid British Judo Association Licence.
- All members must respect all fellow Judokas at all times.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable kit and practice good hygiene; the wearing of hard or metallic objects is prohibited whilst training or competing and appropriate footwear is to be worn to the mat edge from the changing rooms and toilets.
- Female members are required to wear a plain white Tee shirt under their Judogi top.
- Members must pay any fees for training or events promptly.
- Members are required to sign in at each session on the attendance register.
- Members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.
- Members must refrain from the use of mobile phones whilst attending training session, preferably switching them off or leaving in silent mode, unless previously discussed with their coach.
- Members must always apply themselves, in practice and competition, within the Spirit of Judo.
- Disciplinary matters will be dealt with by a minimum quorum of three coaches and referred to the Executive Committee as deemed necessary.

### **Club Ethos**

The principle of maximum efficiency, whether applied to the art of attack and defense or to refining and perfecting daily life, demands above all that there be order and harmony among people. This can be realized only through mutual aid and concession. The result is mutual welfare and benefit. The final aim of judo practice is to inculcate respect for the principles of maximum efficiency and mutual welfare and benefit. Through judo, persons individually and collectively attain their highest spiritual state while at the same time developing their bodies and learning the art of attack and defense.

Jigoro Kano (1860-1938); Kodokan Judo